Train Together

Level 3 Sports Teaching Assistant



Realise Your Potential



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About us.

We are an Ofsted-rated "Good" provider with over a decade of experience at the forefront of specialised apprenticeship training in the schools and education sector.

Our expertise encompasses
Management and Leadership,
Finance and Accountancy,
Facilities Management, Early
Years Education, and Teaching
and Learning in Schools.

Our aim is to ensure every learner receives the best education and training possible, preparing them for success in their future career, while also equipping our clients with highly skilled professionals who can drive their organisations forward.

By partnering with us, clients benefit from tailored training solutions that meet their specific needs, enhance operational efficiency, and foster long-term growth and development



About us.

At Train Together, we specialise in supporting all types of educational institutions. We understand the unique challenges in education and deliver tailored solutions that drive success across schools, academies, and other learning environments.

Our innovative delivery models combine the latest technology with industry expert training. This approach ensures that the learning journey is engaging, effective, and maximises value for both learners and the businesses we work with.

Our Values and What Makes Us Tick



Nurture: Maintaining excellent relationships with stakeholders is key to meeting our vision and mission.



Courageous: We embrace difficult conversations and are committed to walking the walk, not just talking the talk.



Genuine: Transparency in all we do ensures clear and clean communication with all stakeholders.



Dedicated: We go above and beyond for our learners and clients, offering excellent resources and support to achieve their goals.



Empower: Providing information, advice, and guidance enables excellent decision-making and helps our partners meet their objectives.





Understanding The Challenge



Limited Physical Activity in the School Day:

Schools often struggle to incorporate sufficient physical activity for students due to tight academic schedules and limited PE resources

Engagement of Less Active or Disinterested Students:

Encouraging physical activity among students who are less interested in sports can be difficult, leading to decreased engagement in PE lessons.





Lack of Tailored Support for Individual Students:

Teachers often find it challenging to provide personalised guidance for students with varying athletic abilities, leading to gaps in skill development.

Managing Large Class Sizes During Physical Activities:

Handling large groups in PE lessons can be overwhelming for teachers, often limiting the effectiveness of the activities and increasing safety risks.





Understanding The Challenge



Promote Increased Physical Activity: Sports TAs can assist in incorporating more physical activity throughout the school day by supporting extracurricular clubs, lunchtime activities, and offering additional support during PE lessons.

Encourage Student Engagement: With their sports knowledge and enthusiasm, TAs can motivate and engage less active students by introducing fun and varied activities that cater to different interests and ability levels.





Provide Tailored Support: Sports TAs are trained to work closely with teachers to provide individualised coaching, ensuring all students, regardless of ability, receive guidance that helps them improve their physical skills and confidence.

Enhance Classroom Management in PE: By supporting teachers in managing larger groups, TAs improve the safety and effectiveness of PE sessions, allowing for better focus on student development and well-being.



The Level 3 Sports Teaching Assistant Standard









Practical Learning

Assessment Principles Role Proficiency

Applying Theories in Practice

> Providing Constructive Feedback

Guidance on Personal and Professional Development Performance Evaluation

Supportive Learning Journey

Effective Communication and Presentation Skills Insight into Relevant Industries

Encouraging Proficiency

Learning from Experienced Assessors

Process Understanding

Embracing a Learning Culture

Embracing Diversity & Equality

Engagement with the Assessment Process

Qualifications

- Level 3 Teaching Assistant Standard
- · Level 3 CPD in SEND, Sports and Physical Education

Progression Route

 Level 4 Higher Level Teaching Assistant Certificate

18-Month Programme





Level 3 Sport Teaching Assistant

Month 1-15

On-Programme Learning

During the 12 months of on-programme learning, you will develop a portfolio of evidence to showcase your progress. This portfolio will include evidence from 12 key duties.

- Contribute to the overall ethos and aims of the organisation, promoting diversity, inclusion, equality, and acceptance of all learners in line with school policies, including the value of physical activity in promoting well-being.
- of physical activity in promoting well-being.

 Implement safeguarding policies and safe practice,

ensuring safety in all physical activities, sports sessions,

and PE lessons, while maintaining confidentiality in line

Work in partnership with other professionals, such as PE teachers, SENCO, external coaches, and parents/carers, to support learners' physical and sports-related development.

with school procedures.

- Reflect on their own practice and identify opportunities for professional development, focusing on improving sports coaching techniques and collaborating with colleagues on physical education opportunities.
- Promote engagement in physical and sports-based activities, teaching positive behaviours to support the development of independent learners in both the classroom and on the field.
- Understand the specific needs of learners and use strategies to support all learners in achieving their goals, particularly in sports and physical education, adapting sessions for different abilities.

- Establish positive relationships with learners and promote good sportsmanship and teamwork, consistently applying school and sports department behaviour policies.
- Support the social, emotional, mental health, and physical well-being of learners, encouraging participation in sports and physical activities that improve overall well-being.
- Deliver individual and small group coaching within clearly defined physical education parameters, in partnership with the teacher and other professionals.
- Contribute to assessment and planning, supporting the monitoring and reporting of physical performance outcomes, and adapting physical activities as agreed with the teacher.
- Support the development of stimulating and safe physical environments, contributing to the preparation of sports equipment and resources.
- Support or lead sports-based enrichment activities, including after-school clubs, lunchtime activities, and out-of-school sports programs.

Months 15-18

End Point Assessment

Upon successful completion of the on-programme learning, you will undergo a comprehensive final endpoint assessment designed to showcase your development throughout the programme. This assessment consists of two components:

Observation



An Independent Assessor will observe your work for at least 2 hours.

The assessment will include at least 4 questions posed by the assessor



Professional Discussion

Participate in a 90-minute discussion, addressing at least 10 questions on your occupation.

Submit your portfolio of evidence before the EPA gateway to support your discussion.

Realise Your Potential

At Train Together, we prioritise the comprehensive education of our learners to meet the diverse needs of students with Special Educational Needs and Disabilities (SEND).

Below you will find a condensed overview of key topics, ensuring educators are equipped to provide effective support.

ON-PROGRAMME LEARNING

Understanding Autism: Gain insights into the characteristics and needs of individuals with autism spectrum disorders.

Understanding ADHD: Explore the traits and challenges associated with Attention-Deficit/Hyperactivity Disorder (ADHD).

Understanding Dyslexia: Learn about dyslexia and strategies to assist learners with reading difficulties.

Understanding the Child: Grasp essential principles for understanding the unique needs and perspectives of each child.

Supporting SLCN (Speech, Language, and Communication Needs): Acquire skills to aid learners with speech and language challenges.

Medical Conditions: Understand various medical conditions affecting learning and classroom participation.

Managing Behaviour: Develop effective strategies for managing behaviour and creating a positive learning environment.

Programme Benefits



Employer

Enhance classroom support, improve student outcomes, ensure compliance with educational regulations, and invest in staff development and retention by fostering a skilled, motivated workforce.

Employee

Gain a recognised qualification, enhance career progression, build confidence and competence in classroom management, and provide comprehensive skills to support diverse learner needs effectively.



Contact us

To find out more about the Level 3 Teaching Assistant Standard, please contact our Customer Relationship Manager, Nicola Thorpe.



Tel: 07398 831082



Nicola.thorpe@traintogetherltd.co.uk



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